



SANTHIKA DREAM HILL SPA

NATURAL HARMONY FOR BODY AND SOUL

FULL BODY MASSAGE

Let your whole being melt into deep relaxation. This nurturing treatment releases tension, improves circulation, and brings your body back to balance — one healing touch at a time.

1 HOUR
WITH ESSENTIAL OIL
1.5 HOURS
WITH ESSENTIAL OIL

200K
250K
300K
350K

HOT STONES MASSAGE

Warm volcanic stones melt away stress and muscle tension, guiding you into deep, grounding relaxation. Feel your energy flow freely as heat and touch work together to restore balance and inner calm.

1.5 HOURS

400K

BALINESE RELAX MASSAGE

TARGETED RELIEF

Short but powerful treatments designed to release tension exactly where you need it most — back, shoulders, neck, feet, or head. Perfect for a quick reset, pain relief, or grounding pause in your day.

BACK & SHOULDERS
FEET & LEGS
HEAD & FACE

100K
100K
100K

Compliment: foot bath with sea salt & flowers, facial massage with Cream Aura



MANUAL THERAPY

Deep, holistic touch for restorative healing.

1,000K

LOMI-LOMI MASSAGE

A deeply nurturing Hawaiian massage with long, flowing strokes that release tension, calm the mind, and reconnect you with your inner peace.

1 HOUR

250K

SHIATSU MASSAGE

A Japanese healing art that uses finger pressure along energy meridians to restore flow, release blockages, and bring your body into natural balance.

1 HOUR

250K



FOOT REFLEXOLOGY

Ancient wisdom at your feet. This pressure-point massage stimulates internal organs, improves circulation, and brings deep relaxation through the healing map of your soles.

30 MINUTES

150K

HEALING &
BODY TREATMENT

BODY TREATMENTS

Revitalize your skin and awaken your senses with our natural body scrubs. These nourishing rituals exfoliate, detoxify, and rejuvenate — leaving your skin silky smooth and your whole being refreshed.

FULL BODY SCRUB
BALINESE BOREH

200K
300K



KING & QUEEN TREATMENT

Feel truly royal with this head-to-toe indulgence. Includes a herbal foot soak, clay mask, full body scrub and massage, rejuvenating facial and hair treatment, and a fragrant flower bath — your moment of pure majesty.

**SOLO
COUPLE**

**700K
1,250K**

FOOT TREATMENT

Give your feet the care they deserve. Enjoy a sea salt soak, detoxifying clay mask, herbal scrub, followed by foot reflexology and a

SPA PACKAGES

COCONUT PARADISE TREATMENT

A tropical escape for your body and senses. Indulge in a full body massage with virgin coconut oil, followed by a nourishing coconut scrub, hydrating facial mask, and a blissful coconut milk bath — pure island luxury from head to toe.

2 HOURS

400K

relaxing leg massage. Lightness begins from the ground up.

1 HOUR

250K

DETOX PACKAGE

Cleanse, refresh, and renew. This full-body ritual begins with a herbal foot soak and clay mask, followed by a revitalizing herbal scrub, nourishing honey massage, and a soothing herbal bath to release toxins and restore your natural glow.

2 HOURS

450K

EXTRAS

FLOWER BATH	150K
HERBAL BATH	150K
HAIR MASK	150K
ALOE VERA MASK ½ BODY	75K
MANICURE	150K
PEDICURE	150K
POLISH / GEL	50K / 100K

BIO ENERGY HEALING

CELL ACTIVATION TREATMENT

A high-frequency lymph-boosting treatment. Four waveforms stimulate key meridians, enhance circulation, and activate cellular renewal

45 MINUTES

150K

BIO ENERGY MASSAGE

A gentle electric current flows along your body's key meridians, releasing energetic blocks, restoring balance, and recharging your system from within. Feel aligned, clear, and deeply revitalized.

30 MINUTES

500K

MERIDIAN VACUUM MASSAGE

Performed with a bioenergetic vacuum device, this treatment stimulates key meridians, enhances lymphatic flow, releases deep tension, and recharges your energy — from the inside out.

45 MINUTES

500K

FACIAL & BEAUTY

FACIAL TREATMENT 150K

cleansing, scrub, massage with cocoa butter, moisturizing and smoothing with cream aura

FACIAL CELL ACTIVATION 150K

FACIAL BIO ENERGY MASSAGE 150K

3 IN 1 PACKAGE 400K



BA-GUA SAUNA

Deep detox and healing through infrared heat, tourmaline, and jade — for beauty, balance, and vitality.

10 MINUTES
MIN 20 MINUTES

150K

CELL ACTIVATION

HEAD 45 MINUTES	150K
SHOULDERS & NECK 45 MINUTES	150K
KIDNEY 55 MINUTES	150K
LUNGS 55 MINUTES	150K
SPLEEN & STOMACH 50 MINUTES	150K
BACK 35 MINUTES	150K
BUTTOCKS 45 MINUTES	150K
BREAST 60 MINUTES	150K
LYMPH BY ZONE 45 MINUTES	150K
FULL BODY 90 MIN	300K
SKIN 90 MINUTES	250K
EARS 45 MINUTES	150K
EYES 45 MINUTES	150K
RHEUMATISM 45 MINUTES	150K

VARICOUSE VEINS 60 MINUTES	200K
HYPERTENSION 45 MINUTES	150K
INTERNAL ORGANS 50 MINUTES	150K
WEIGHT LOSS 60 MINUTES	200K
INTESTINES 45 MINUTES	150K

TARGETED HEALING
CELL ACTIVATION &
BIO-ENERGY MASSAGE

BIO-ENERGY MASSAGE

SHOULDERS & NECK 30 MINUTES	500K
LOWER BACK 30 MINUTES	500K
LEGS 30 MINUTES	500K

A fusion of **Traditional Chinese Medicine** and cutting-edge **nanotechnology**, this treatment works along the body's meridian system to restore energetic balance and support natural healing. Using gentle electrical impulses (bio-energy) and powerful hot air supply combined with dual-range terahertz waves (cell activator), the therapy activates acupressure points, enhances lymphatic flow, reduces pain, and boosts cellular regeneration.

A non-invasive, deeply intelligent approach to healing – where ancient wisdom meets modern innovation.

1 DAY DETOX RETREAT

Morning Yoga 1,5 h

Breakfast

Detox SPA package

Lunch

30 min Ba-Gua Sauna
session

Cell Activation Treatment

Bio-energy massage

Dinner

NORMAL PRICE
PACKAGE PRICE

2,650K
2,100K

1 DAY SPIRITUAL RETREAT (EVERY FRIDAY)

Balinese Healing Yoga 1.5 h

Breakfast

Energy / Reiki Healing

Lunch

Banjar Tour

Dinner

Sound Healing

NORMAL PRICE
PACKAGE PRICE

2,500K
2,000K



1 DAY SPA PACKAGE

30 min Ba-Gua Sauna

Cell Activation

Treatment

Bio-energy massage

Lunch

Royal SPA (King/Queen

SPA + Reflexology + extra

30 min massage

NORMAL PRICE
PACKAGE PRICE

2,750K
2,200K

PRIVATE HEALING

ENERGY HEALING

1,000K

CHAKRA HEALING

1,000K

PAST LIFE REGRESSION

1,000K

HOLISTIC BODY WORK

1,000K

HEALING MEDITATION

1,000K

REIKI HEALING

1,000K

YOGA NIDRA

1,000K

PRIVATE HATHA YOGA

1,000K

PRIVATE KUNDALINI YOGA

1,000K

1 DAY PACKAGES

FREE PICK UP IN LOVINA
LUNCH INCLUDED

YOGA
MEDITATION
SOUND HEALING

200K
200K
400K



Santhika Dream Hill Retreat Center

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Rooted in the sacred energy of Bali, our philosophy embraces the wisdom of nature, the power of touch, and the quiet intelligence of the body. We believe that true wellness arises when body, mind, and spirit return to harmony — and that this harmony begins with presence, intention, and care.

Every treatment we offer is a ritual — a sacred pause to release what no longer serves and to invite vitality, clarity, and peace. Whether through ancient Balinese techniques, intuitive energy work, or the gentle art of deep relaxation, our sanctuary supports your journey back to yourself.

AT SANTHIKA RETREAT CENTER, HEALING IS MORE THAN A TREATMENT — IT'S A WAY OF LIFE.